

August, 2016



PROUDLY SERVING THE ENNIS COMMUNITY SINCE 1908

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Donations and news worthy items to support the Sokol KHB Newsletter should be sent to Sokol KHB Newsletter, P.O. Box 205, Ennis, TX 75120

Message from the President

Dear Members,

As you may have already heard, I will not be seeking re-election as President of Sokol KHB Ennis. I would like to thank all of you for the opportunity and for supporting me the past 5 ½ years. It has truly been an honor and a great volunteer experience for me.

Please continue to support the Sokol and its programs, and if you are interested in holding an office or serving on a committee, please contact Vic Pochobradsky at 214-674-0675 or Mayfair Mullican at 972-965-8789, or send an email to sokolennis@yahoo.com, or come out to the next membership meeting.

The offices and staff needed to operate Sokol KHB Ennis are as follows:

- | | |
|--|--|
| President | Educational Assistants |
| Vice-President | Educational Director |
| Second Vice-President | Educational Secretary |
| Secretary | Historian |
| Financial Secretary (Dues) | Museum & Library Curator |
| Treasurer | Delegates to American Czech Culture Society (ACCS) |
| Bylaws Chairman | Delegates to the National Convention |
| Bylaws Committee | Delegates to the National Polka Festival Committee |
| Auditing Committee | Delegates to the Southern District |
| Budget & Finance Committee | BOI Physical Director of Men |
| Reconciliation Committee | BOI Physical Director of Women |
| Ways & Means (Fundraising) Committee | BOI Physical Assistant Directors |
| Property Committee (Board of Trustees) | BOI Secretary |
| Editor | BOI Treasurer |
| Editor Assistants | BOI Physical Instructors |
| Membership Director | BOI Other Staff |
| Membership Assistants | Maintenance (Building, Grounds, Pool, etc.) |
| Membership Youth Ambassador | Kitchen & Dining |
| Public Relations Director | Clubroom & Bar |
| Public Relations Assistants | Swimming Pool |

The Annual Meeting and elections will be held October 19th at 7PM in the dining room. I hope to see you there! Next Membership Meeting – September 21st. Thanks and Nazdar!

David Slovak - President

August, 2016

Purpose of Sokol KHB Ennis

Sokol KHB Ennis is a charitable, patriotic, educational, social, and athletic membership organization. Its specific purposes are as follows:

1. Provide for training in good citizenship conformable to the spirit of the Constitution of the United States of America.
2. Cooperate with Sokols around the world to provide for the physical and moral training of all members in accordance with the Sokol principles of Miroslav Tyrš, Doctor of Philosophy and Founder of the Sokol movement.
3. Work for the common interest and improvement of the Americans of Czech and Slovak descent in the United States of America and to safeguard their good name.
4. Maintain in succeeding generations an interest in Czech and Slovak cultural life in the United States of America.
5. Support the learning of the Czech language and culture.
6. Promote the preservation of the traditions of democracy.
7. Work and cooperate with the Ceska Obec Sokolska (COS) and other Sokol organizations worldwide in all their social and athletic activities.
8. Work and cooperate with the World Sokol Federation.
9. To maintain a library dedicated to the teaching of Czech language, history, music, culture, and physical education.
10. To teach the above branches of learning to anyone who might apply on a purely nonprofit basis

The ways and means of attaining these purposes are as follows:

1. Conduct Sokol training programs according to the Tyrš system.
2. Conduct gymnastic and physical training programs, other sports activities, educational and cultural courses for instructors and members.
3. Conduct exhibitions and competitions, etc.
4. Conduct cultural and social programs and activities for members and the general public; arrange discussions concerning the Sokol systems and Sokol principles.
5. Organize juniors and children into groups and arrange special educational meetings and junior gatherings for the purpose of fostering a deeper knowledge of Sokol ideas.
6. Issue an official Unit publication.
7. Encourage public relations activities.
8. Maintain contacts and direct cooperation with other democratic, national and international gymnastic and other sports, fraternal and cultural organizations.
9. Employ all legal means and maintain facilities which shall contribute to the aims of the Unit and the American Sokol.
10. Participate in community activities and provide service to the community in a charitable and/or educational manner.

GREAT NEWS

Sokol KHB's Paige Tignor has been awarded the
2016 American Sokol Merit Award
Congratulations!

August, 2016

WE DID IT!

Sokol KHB Hosted the 2016 American Sokol National Instructors School



Hosted from July 10th -24th, the school was very successful with 42 students from New York, Cleveland, Chicago area, Cedar Rapids, Ft. Worth, Dallas, and Ennis with a staff of 9. Our Sis. Kristine Betik, served as an Instructor in Training and Sis. Liz Moucka and Alexandra Betik shared the duties of School Secretary.

Our facility performed well – providing:

- more than sufficient space
- usage flexibility for simultaneous activities – gym, hall, classroom area, outside for marching
- sufficient sleeping quarters and showers/hot water that performed above expectations
- a swimming pool – daily swims, a luau pool party, and a "midnight" swim
- a large kitchen area for meal preparation with a separate, dedicated dining room for meal service (over 2500 individual meals were served)
- a comfortable environment (air-conditioning)
- almost 40 kids as test subjects for each session of student teaching (great job Liz)
- only minor smoke, plumbing, oven, and ice machine problems occurred

Concerns over the availability and willingness of volunteers were unfounded. **More than 65 individuals stepped up as volunteer drivers, cooks, kitchen helpers, food servers, food donators, maintenance workers, and for setup/cleanup.** This volunteer support represents countless hours of time/effort. Those volunteers that had the opportunity to interact with the students and staff came away with a new appreciation for our Sokol youth and the impact of the school on the lives of our youth. **Thanks to all of you who stepped up.**

The variety, quality, and quantity of the food service was unmatched by any other school we have been involved with in other locals - in some cases even preparing special meals for vegetarian students. The important thing was that the food was enjoyed by the students and staff – a few, we heard, "wrote" home to tell parents how good the food was. A measure of that enjoyment is the minimal amount of peanut butter and jelly consumed during the school.

We want to express our appreciation and thanks to the preparation team members and all the volunteers during the school for an outstanding effort. In general, WE DID GOOD! The school director and staff have already asked about the possibility of returning here in the future for another school. That speaks well of how we all performed.

The financial impact of the school remains to be seen when the July electric bills are received (please forward a copy of those bills to us for comparison with the bills from July 2015). Sokol KHB has already received the agreed upon fees (\$4500 rent, \$1500 food service, \$1050 cot rental). The Southern District committed support (\$1000) is still pending.

SOKOL KHB CAN BE PROUD OF WHAT WE DID HERE THIS SUMMER!

Jan & Chuck Kalat – Coordinators

August, 2016

Thank you to Bro Chuck & Sis Jan Kalát for heading the instructor course committee along with the committee members: Sis Debbie & Bro Darren Slovák, Bro Jerry Wester, Sis Liz Krajca, Sis Kim Hajek, Bro Vic Pochobrádsky, Bro David & Sis Michelle Slovák.



Sokol KHB Students – Josef Slovak, Ksenia Marek, Anna Slovak



**A big thanks to Bro Darren and Sis Debbie Slovák for heading the kitchen and all the cooking.
Thank you to all that helped out or provided food.**

Poster Thanking the Kitchen Staff for Many Great Meals (Messages of thanks and appreciation from all the students and staff)



Students learn proper spotting techniques and skill progressions for tumbling and gymnastics apparatus; calisthenics; rhythmic gymnastics; pyramids; instructional games for tots, and lots more. By the time they graduate, they are certified in facility safety and first aid, and qualified to teach gymnastics at the skill level for which they trained.

The professional staff of seven senior instructors are all seasoned Sokol Instructors. Many are professional educators, some with medical background and physical fitness specialists. The staff members are from Chicago, Cleveland, Allentown, and Ennis.

The Instructors Course follows a rigorous and demanding two week schedule for both students and staff, from 7:00 a.m. until lights out at 10:30 p.m. All were housed inside the Sokol facility during this time, which was adapted to accommodate classrooms and sleeping quarters in addition to the Sokol's full gym. The camaraderie among the students and the bonds and friendships formed last long beyond the 2 week school. In some cases these relationships last a lifetime.

August, 2016

Sokol KHB's Save Energy Project

Sokol KHB is undertaking a major facility improvement project to convert the Hall and Gym lighting to LED lighting. This effort will facilitate significant electric utility savings. Toward this effort, KHB is applying to the American Sokol for a \$5000 facility improvement grant. Application for this grant requires a commitment to raise \$10000 in matching funds. The July 8th Fish Fry and Clubroom activities raised over \$3000 toward this goal. Watch for more, upcoming Save Energy Lighting Project fundraisers and please participate generously.

From Michelle Slovak – Public Relations and Website

Fundraiser: August 5 Clubroom Ennis Czech Boys. Kitchen will be open. Auction. Funds benefit the Sokol Save Energy Project to convert hall/gym lights to LED.

Thank you to Sis Sara Jakubik for the donation of the portable basketball goal for the patio and Bro. frankie Svehlak for the donation of a microwave for the kitchen.

Be watching for gym registration (as well as hall events/fundraisers) on our website, Facebook, Twitter, or Instagram.

Instructor Course: The course went very well. We look forward to a great gym season!

Calendar of Upcoming Events

Sokol Clubroom open Mondays & Wednesdays 5PM – 11 PM

Sokol Museum – open for special events and by appointment

August 5th **Lighting Project Fund Raiser – Ennis Czech Boys, Raffle, and Auction**

August **NO August Membership Meeting**

September 21 Membership Meeting

October 20 Membership Meeting

November 17 Annual Membership Meeting and Election of Officers

2016 SWIMMING POOL INFORMATION:

POOL IS NOW OPEN FOR THE SUMMER

Open Hours

TUESDAYS - SATURDAYS

1:00 to 6:00 pm daily

SUNDAYS

2:00 to 6:00 pm

*CLOSED ON MONDAYS!

We would love to see everyone at the pool this summer. It's a great place for families to enjoy the hot months. As in years past, to provide a SAFE place to swim, there are guidelines for safety we need everyone to follow.

See you at the pool. **Johna McGuire - Pool Manager**

Please watch our *SOKOL POOL ENNIS* Facebook page for more swimming details in the coming weeks ahead. You can also visit www.sokolennis.com and navigate to *swimming pool* for pool information.

August, 2016



SAVE THE DATE

ANNOUNCING THE AMERICAN SOKOL ADMINISTRATIVE CONFERENCE

Being held in the Chicago area
SEPTEMBER 23-25, 2016

This will include, but is not limited to:

- Training for Unit Financial Secretaries on the *NEW DATABASE***
- Information on *INSURANCE* from an agent**
- Planning and doing *Business* from a workable Budget**
- Presentations from the Grant Committee on Internal and "Outside" *GRANTS***
- Effective *LEADERSHIP ROLES* in the Unit and District**
- RISK MANAGEMENT* Committee presents a helpful package for your Unit**
- Presentation from the *MEMBERSHIP* Committee**
- Exchanging *IDEAS***
- Various topics for *ROUND TABLE DISCUSSION***
- AND SO MUCH MORE!!!!**

Saturday Evening Social Option of attending Moravian Day Festivities
Hotel Rooms \$74 w/ full hot breakfast & manager's evening drink special
Registration Details coming soon . . . **MARK YOUR CALENDARS NOW!!!!**

YOU WON'T WANT TO MISS THIS ONE

And

WE DON'T WANT TO MISS YOU!!!!!!!



August, 2016



Sokol KHB – Ennis

PROUDLY SERVING THE ENNIS COMMUNITY SINCE 1908

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“The mission of the American Sokol is to provide fitness and community for individuals and families through physical, educational, cultural, and social programs.”

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