



PROUDLY SERVING THE ENNIS COMMUNITY SINCE 1908

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Donations and news worthy items to support the Sokol KHB Newsletter should be sent to Sokol KHB Newsletter, P.O. Box 205, Ennis, TX 75120

ANNOUNCING
SOKOL KHB ANNUAL MEMBERSHIP MEETING
THURSDAY, OCTOBER 15, 2015 - 7 PM IN THE CLUBROOM
REFRESHMENTS AND SOCIALIZING AFTERWARD

And the nominees are!

The nominating committee has a preliminary slate of recommended officers for our annual meeting on October 15th. In the past, some officers have held more than one position and the committee made it a goal of one person one position.

You may notice there are a few positions on this list that have not been selected. They may be selected before for the October 15th meeting, nominations will also be accepted from the floor. Anyone who would like to challenge the recommended officers may do so at the annual meeting.

Monthly meetings are normally held on the third Thursday of the month at 7 pm. If this date conflicts with any of the nominees, please let the committee know what day works best for you and we can discuss it at the annual meeting. The nominating committee consists of Victor Pocholbrdsky, Ray Elleven, Mayfair Mullican, and Lori Macalik.

You need not be present to be nominated or elected so join us for the annual meeting to protect your interest.

Position	Current	Nominated
President	David Slovak	David Slovak
1st VP	Rusty Liska	Vic Pochobradsky

October, 2015

2nd VP	David Houdek	
Secretary	Mayfair Mullican	Mayfair Mullican
Finance Secretary	Chuck Kalat	Ray Elleven
Treasurer	Sandy Pochobradsky	Harry Matus or Sandy Pochobradsky
Bylaws Committee Chair Member 2 Member 3	Chuck Kalat Bernice Hamilton Jo Ann Wester	Dennis Zembala Laura Trojacek
Editor	Chuck Kalat	Chuck Kalat
Education Director Member 1 Member 2	Vic Pochobradsky Dennis Zembala	
Membership Director	Elizabeth Krajca	Elizabeth Krajca
Public Relations Director	Michelle Slovak	Michelle Slovak
Budget & Finance Committee/Auditing Committee		
Chair	Jerry Wester - 1st	Harry Matus or Sandy Pochobradsky
Member 2 Member 3 Member 4 Member 5	Mike Liska - 4th Rusty Liska - 2nd Elizabeth Wester - 2nd Sandy Pochobradsky 2nd	
Reconciliation Committee Chair Member 2 Member 3	John Marek Brian Zhanel	John Marek Brian Zhanel
Southern District Delegate/Alternate Member 1 Member 2 Alternate 3 Alternate 4	Jan Kalat Thomas Betik Chuck Kalat	Jan Kalat Chuck Kalat Kim Hajek David Belew
Board of Trustees BOT Member 1 BOT Member 2 BOT Member 3 BOT Member 4 BOT Member 5 BOT Member 6 BOT Member 7	Thomas Betik Sara Jakubik Randy Owen Johnny Slovak Wayne Sylvester Ben Trickett Charles Walker	Benny Trojacek Rusty Liska Randy Owen Ben Trickett Charles Walker
Museum Curator	Georgia Morales	Georgia Morales
American Czech Cultural Society Chair Member 2 Member 3 Member 4	Keith Kapavik Jean Beebe John Marek Anthony Macalik	Keith Kapavik Jean Beebe John Marek Anthony Macalik
National Polka Festival Delegate Chair Member 2 Member 3 Member 4	Lori Macalik Jerry Wester David Liska Diane Liska	Lori Macalik Jerry Wester David Liska Diane Liska
Southern District Annual Meeting Delegate/Alternate Member 1 Member 2 Alternate 3	Chad Wester Elizabeth Wester Thomas Betik	Jan Kalat Chuck Kalat Kim Hajek David Belew
BOI-Physical Director	Kim Hajek	Kim Hajek
Swimming Pool Committee Chair Member 2 Member 3	Anthony Macalik Jerry Wester Wes Odlazil	Anthony Macalik Jerry Wester Wes Odlazil

October, 2015

Gymnastics Report -- October 2015

By Liz Moucka Krajca, Gymnastics Manager

We currently (at deadline) have 64 students enrolled in gymnastics classes that started September 14, and calls are still coming in for enrollment. The Girls Level 1 classes are both full, but we still have space in the Level 2 and Tots classes. We will also be adding a 30-minute Tumbling class on Tuesdays from 7:00 pm to 7:30 pm. The gymnastics class schedule is posted on our website at www.sokolennis.com then click on 'Gymnastics Program.'

Our first public event is a tumbling exhibition at the State Fair of Texas Heritage Day on October 11 at about 3 pm at the African American Museum. Many of our kids have signed up.

Special thanks go to our instructors who are working with the kids: Lezlee Hernandez, Christi Kubin, David Belew, Paige Tignor, Lexie Rust, Erin Solomon, Varya Marek, Anna Slovak, Debbie Slovak, Kim Hajek, our Physical Director, and Judy Tabb, who is also the Board of Instructors Treasurer. All are good Sokols and have been through gymnastics instruction courses, clinics and first aid training. More about our instructors in the next newsletter.

The adult seniors' class under the direction of Chuck and Jan Kalat resumed on Sept. 22nd.



Lezlee Hernandez and Varya Marek help with handstands



Varya Marek instructing



Judd Tabb on the pommel horse



Misty Dvorak and Heather Campbell work on their form

October, 2015

From the BUILDING MANAGER (Lori Macalik)

Clubroom is open every Monday and Wednesday -- 5pm to close

We have Karaoke every Wednesday evening from 7-11pm in the Clubroom

We will have a Karaoke Halloween party on Oct. 23rd.

***** Coming October 16th - We will have Mollie B in the hall for a dance. *****

Mollie B from RFD-TV featuring Kenny Brandt, Michael Morris, Tony Sabo, & Mollie B. Music from 7:00-11:00PM in the hall. Meet & greet with Mollie at 6:00pm. Advanced tickets available in the clubroom on Mondays/Wednesdays at 5:00pm or at www.mollieb.com

Kids 12 and under – free; Kids 13 to 18 - \$2; Adults - \$10 in advance; \$12 at door

Social Club News

SOCIAL CLUB ANNUAL MEMBERSHIPS ARE NOW AVAILABLE

BRONZE (clubroom access) - \$20, SILVER (clubroom and pool access) - \$45,
AND GOLD (full Sokol associate membership) - \$55 (+\$15 initiation)

Check with the Clubroom Staff for Details and Applications

We have added PAYPAL to our website!

You can now pay your membership dues and gymnastics tuitions online, as well as make donations at www.sokolennis.com. Please consider making a donation from time to time to help support and grow our physical & educational programs. American Sokol Organization Ennis, Texas is tax exempt under Section 501(c)(3) of the Internal Revenue Code, and your donations are tax deductible. We truly are working toward making a deep impact and making a difference in the lives of the people in our community.

Contact US

For inquiries regarding membership and volunteer opportunities: membership@sokolennis.com

For inquiries regarding gymnastics and other physical fitness programs: fitness@sokolennis.com

For inquiries regarding educational-cultural programs: education@sokolennis.com

For inquiries regarding facilities, swimming pool, and social activities: facilities@sokolennis.com

To donate to the museum/library or to schedule a time to visit, please contact Georgie Morales

New Addition to Our Library

“SOKOL Gathering in the New World” by Ronald E. Jaros

October, 2015

Calendar of Upcoming Events

Sokol Clubroom open Mondays & Wednesdays 5PM – 11 PM

Karaoke every Wednesday 7-11:00pm

Sokol Museum – open for special events and by appointment

Oct 11 2015 – Heritage Day at the State Fair of Texas – at the African-American Museum - Czech Food, Kolaches, Beer, Ethnic Musical Performances inside and Folk Dance Performances on the stage outside all day long. Sokol kids performance at 3:20pm.

Oct 15 2015 - Annual Member Meeting & Elections - Clubroom - 7:00PM

Oct 16 2015 – Mollie B Dance – 7-11 pm - Hall

Oct 23 2015 – Halloween Karaoke – Clubroom – 7–11 pm

Oct 25 2015 - WFLA Annual Meeting & Luncheon - Dining Room -

Oct 31 2015 - Karel Havlíček Borovský Birthday

Nov 6-8 2015 - Greatest Generation Aircraft and Gun Show - Hall -

Nov 13-15 2015 - Greatest Generation Aircraft and Craft Show - Hall -

Nov 19 2015 - Sokol Members Meeting – Clubroom – 7:00pm

Dec 3 2015 – Ennis Christmas Parade of Lights – support our float and marchers – 7 pm downtown

Dec 6 2015 - Annual Family Christmas Party & Gymnastics Exhibition - Hall – 4:00pm

Dec 13 2015 - Ellis County Toy Run - Hall

Dec 21 – Jan 1, 2016 – Winter Break – no classes

Feb 12 2016 - Ennis Czech Music Festival Pre-Party - Clubroom – 5:00PM

Feb 13 2016 - Ennis Czech Music Festival - Hall – 12:00PM-10:30PM

Mar 5 2016 - 10K GIVEAWAY Building Fund Benefit - Hall – 6:00PM

Be sure to keep up to date on events through our website, Facebook, & Twitter

Tune in to KBEC Polka Party every Sunday morning 9 to 11 on 1390 AM.



**CELEBRATING 150 YEARS OF SOKOL IN AMERICA -- 2015
CELEBRATION WEEKEND – NOVEMBER 13-14, 2015
CHICAGO AREA**

CONTACT UNIT PRESIDENT FOR DETAILS

October, 2015

2nd International Czech Music "Christmas-Themed" Festival

The **on-campus portion** of our CEFT-sponsored 2nd International Czech Music "Christmas-themed" festival is scheduled for 18-22 November on the University of North Texas campus in Denton. We'll have a Texas-Czech festival banquet just prior to the full performance of the Jan Ryba "Christmas Mass" (soloists, full orchestra, 65-voice choir) -- great food and, of course, a cash bar.

Our **off-campus tour** of the Jan Ryba "Christmas Mass" (in Czech, with 4 soloists, small choir, small string group, organ, etc.) will begin on the first Sunday of Advent (29 November).

Christmas is a busy season, so it's been a nightmare for some of the venues to find a church willing to host the performance. Consequently, some of the usual venues are not on the list, but we've added Temple and Gainesville. See the schedule below and mark it on your calendar.

Sunday, 29 November – WEST

Monday, 30 November (morning) – FORT WORTH

Monday, 30 November – ENNIS

7:00 p.m. at St. John Nepomucene Catholic Church

401 E. Lampasas Street, Ennis, TX 75119

Tuesday, 1 December – AUSTIN

Wednesday, 2 December – TEMPLE

Thursday, 3 December – COLLEGE STATION

Friday, 4 December – HOUSTON

Sunday, 6 December – GAINESVILLE

Get the information = Go to czech.music.unt.edu . . . and then tell your friends, pass the word, forward the website, make your hotel reservations, and get your tickets to the music events and to the festival banquet.

Banquet tickets are selling quickly. Please reserve your seats **TODAY** so that you will not be disappointed. You won't be. We're going to have some very special visitors join us for the dinner.

On-campus events are scheduled from Wednesday, 18 November through Sunday, 22 November. The keynote work of the festival will be Jan Ryba's *Christmas Mass*, performed (in Czech, of course) by soloists, 65-voice choir, and full orchestra.

The festival will conclude with a memorial service, immediately following Catholic Mass, to remember the parents, spouses, and children who are no longer with us.

More to follow. You do NOT want to miss this festival, and I hope to see all of you -- if not on the Denton campus for the festival proper, then at least when we make "the road tour" with the *Christmas Mass*.

October Is Breast Cancer Awareness Month – Wear Pink

October "Days"

October 5th - World Teachers' Day

October 11th – Take Your teddy Bear to Work Day

October 16th – Bosses Day

October 17th – Sweetest Day

October 24th – Make a Difference Day

October 31st - Halloween



Come shake your **BOO-ty**



Mon 9/14 : 6-7	NO CLASS	Wed 9/16: 6-7	NO THURS	Sat @ SHOP 9/19 @8am
Mon 9/21 : 6-7	Tues 9/22 :6-7	Wed 9/23: 6-7	NO THURS	NO SAT. Class 9/26
Mon 9/28: 6-7	NO CLASS	Wed 9/30 6-7	No THURS	Sat @ Sara's SHOP 10/3-8am
NO CLASS 10/5	Tues 10/6: 6-7	Wed 10/7 6-7	No THURS	NO Sat. Class 10/10
NO CLASS 10/12	Tues 10/13 6-7	Wed 10/14: 6-7	NO THURS	Sat @ Sara's Shop 10/17 8am
No CLASS 10/19	Tues 10/20 6-7	Wed 10/15 6-7pm	NO THURS	Sat @ Sara's Shop 10/24 8am
Mon 10/26 6-7	Tues 10/27 6-7	Wed 10/22 6-7pm	Thurs 10/29: 6-7	Sat @ Sara's Shop 10/31 8am * Halloween contest
NO CLASS 11/2	Tues 11/3 6-7	Wed 11/4 6-7	Last NO THURS	Sat @ Sara's Shop 11/7 8am

***TONING added to classes with TONING STICKS ***

Punch cards \$25 for 8 classes or \$5 per class

***no punch cards on Bonus Classes please**



Sara Jakubik

Facebook Sara Jakubik (Zumba with Sara)

zumbawithsarajak@yahoo.com 254-717-9877

Stay Safe on the Scariest Night of the Year

Children and parents alike enjoy Halloween, the costumes, and the candy, and the chance to spend some time together. Just remember to keep your young trick-or-treaters safe as you go door to door. Here are some tricks for collecting treats without danger:

- **Costumes** - Whether you buy your child a costume or make one, be sure it will be highly visible to cars and passersby. Bright colors and reflective tape will help youngsters show up on the dark streets.
- **Snacks** – Serve your kids dinner or a healthy snack (and eat something yourself) before going out. Children will be less likely to gorge themselves on the candy they collect if they're already full.
- **Props** – Masks are fun as long as they don't interfere with children's vision or obstruct their breathing when walking through the neighborhood. If their costumes include canes, toy swords, or any other sort of accessory, check that they're not too difficult to carry while walking or crossing streets.
- **Route** – Decide on a clear and safe path through your neighborhood before you go out. Accompany small children, and discuss safety with older kids going out as a group. Give them flashlights and a cell phone, and carry those yourself.
- **Inspection** – Go through the bags before children eat anything, and get rid of any candy that looks suspicious. Don't let kids consume too many goodies at once, ration the candy out over a few days or weeks so they don't make themselves sick.

October, 2015



Sokol KHB – Ennis

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“The mission of the American Sokol is to provide fitness and community for individuals and families through physical, educational, cultural, and social programs.”

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