



PROUDLY SERVING THE ENNIS COMMUNITY SINCE 1908

Donations and news worthy items to support the Sokol KHB Newsletter should be sent to Sokol KHB Newsletter, P.O. Box 205, Ennis, TX 75120

Sokol KHB Youth Distinguish Themselves And we are proud of them too!

Two of our young people, children of Sokol members and also youth members, distinguished themselves recently on the National Sokol Stage.

Sarah Slovak

Sarah Slovak, daughter of members Debbie and Darren Slovak, was recently awarded the 2015 American Sokol National Merit Award. The \$500 scholarship is award to college bound or continuing education Sokol Youth in recognition of their contribution to Sokol and as an investment in their future. Sarah was the only one of six applicants from around the country to earn the award this year based on her years of service to Sokol. Sarah is off to the University of Texas at Dallas this fall.

Paige Tignor



Paige Tignor, daughter of member Lisa Sullivan, recently attended the 2-week American Sokol National Instructors School at Sokol Spirit in Brookfield Illinois as a second year Intermediate level student. There were 19 1st year beginner students, 19 2nd year intermediate students, 3 3rd year advanced students and 4 4th year Advanced II students. Classes included Spotting & Progressions; Practice Teaching; Apparatus Terminology; Calisthenics Terminology; Games; Marching; Singing; and General Sokol Organization, history, etc. Paige graduated 4th in the class of 19 2nd year intermediate students missing the top three by just .18 of a point. Paige impressed the entire staff and was unanimously awarded the "Leadership" award for the Intermediate Group. Paige is returning as a Sokol gym staff member for the 2015-16 season.

Sokol Strong Participates in the 2015 Southern District Slet

Sokol Strong's gymnastic competitors, volleyball players, calisthenics participants along with their respective families traveled to Sokol Corpus Christi, in Corpus Christi, Texas for the 2015 Southern District Slet, during the weekend of June 12th -13th.

The Slet kicked off with a volleyball tournament on Friday evening. Sokol Strong's volleyball team placed first. Members of the volleyball team were David Belew, Brandon Smith, Kim Hajek, Brian Zhanel, Kacie Zhanel, Leah Martinek, Danny Strunc, Leslie Slovak, Kyle Slovak, Kevin Marek and Chris Gilbert. The team was coached by David Belew.

The compulsory gymnastic competitions started Saturday morning and lasted into the afternoon. The Slet Program started with a "Grand March" of all units with each unit bearing their unit flag. Following the anthems and speeches were the Tot's skills performances. The following Tot's performed their skills and received achievement awards; Sophia Hernandez, Sydney Jones and Mikaela Morales.

Next on the program was the 2015 Sokol Special Number "500 Miles" which was performed by a large group that was composed of gymnastic competitors, coaches, and members of the Sr. Adult Class. Those that performed the cal were Chuck Kalat, Jan Kalat, Dorothy Kudrna, Liz Krajca, Marie Vrla, Georgie Morales, Lahn Dietrich, Paige Tignor, Ksenia Marek, RubyLaine Walker, Karley Hendrix, Trinity Crews, Kaylee Bearking, Naysha Morales, Gracie Zhanel, Kendall Walker, Kynlie Kubin, Reece Zhanel, Andrea Leija and Samuel Zmolik.

After the "Cal" performance, medals and ribbons from the gymnastic competition were handed out. The following received awards;

The All Around Gymnastic Competition Results

Women Gymnastics

Girls 6 & Under – Novice

Reece Zhanel – 3rd

Girls 6 & Under – Level 1

Kaylee Bearking – 1st

Gracie Zhanel – 5th

Kynlie Kubin – 6th

Girls 7-9 –Level Novice

Andrea Leija – 8th

Girls 7-9 - Level 1

Naysha Morales – 11th

Kendall Walker – 15th

Girls 12-14 - Level 1

Kayleigh Truly – 8th

Girls 7-9 - Level 3

Trinity Crews – 3rd

Karley Hendrix – 4th

Girls 10-11 – Level 3

RubyLaine Walker – 5th

Girls 12-14 - Level 4

Ksenia Marek – 2nd

Men's Gymnastics

Boys 6 & Under - Level 2

Ian Smith – 1st

Boys 10-11 - Level 3

Samual Zmolik



August, 2015

Southern District Slet – June 12-13, 2015 – Corpus Christi, Texas



Sokol KHB Competitors



Sokol KHB Tots



Sokol KHB Champion Volleyball Team



Ksenia Marek



Sokol KHB Senior Class



Sr. Class travelled by Bus with Sokol Ft.Worth

August, 2015

From the **BUILDING MANAGER** (Lori Macalik)

Clubroom is open every Monday and Wednesday -- 5pm to close

We have Karaoke every Wednesday night in the Clubroom

Aug. 21st will be Friday night Karaoke



CELEBRATING 150 YEARS OF SOKOL IN AMERICA -- 2015 CELEBRATION WEEKEND – NOVEMBER 13-14, 2015 CHICAGO AREA CONTACT UNIT PRESIDENT FOR DETAILS

Social Club News

SOCIAL CLUB ANNUAL MEMBERSHIPS ARE NOW AVAILABLE
BRONZE (clubroom access) - \$20, SILVER (clubroom and pool access) - \$45,
AND GOLD (full Sokol associate membership) - \$55 (+\$15 initiation)
Check with the Clubroom Staff for Details and Applications



Pool News:

Our hours of operation are:
Tues through Sat. 1pm to 6pm
Sunday 2 to 6pm.
Closed Monday

Come on out and enjoy the beautiful pool!!
Only \$5 a swimmer with Sokol
Membership. Passes available!

We will close August 24-28th. ----- Reopen August 29 and 30th.

Close August 31-Sept 4. --- Reopen for the FINAL WEEKEND on Sept. 5-Sept. 6.

It has been a wonderful season! Thank you for the opportunity to serve the patrons of the Tyrs Pool!
Thanks Again!! Lisa

August, 2015

Calendar of Upcoming Events

Sokol Clubroom open Mondays & Wednesdays 5PM – 11 PM
Karaoke every Wednesday 7-11:00pm

Sokol Museum – open for special events and by appointment

DATE - EVENT – LOCATION - TIME

Aug 17 2015 - Miroslav Tyrš birthday
Aug 20 2015 – Sokol Members Meeting – Clubroom – 7:00pm
Aug 21-23 2015 - Greatest Generation Aircraft and Gun Show - Hall -

Sep 12 2015 - Ennis Chamber of Commerce Auction - Hall
Sep 13 2015 - National Polka Festival Kolache Class - Dining Room
Sep 17 2015 - Sokol Members Meeting – Clubroom – 7:00pm
Sep 18 2015 - Cancer Benefit - Clubroom -
Sep 19 2015 - Cancer Benefit - Hall -
Sep 26 2015 - Telico Volunteer Fire Department Fundraiser - Hall -

Oct 15 2015 - Annual Member Meeting & Elections - Clubroom - 7:00PM
Oct 25 2015 - WFLA Annual Meeting & Luncheon - Dining Room -
Oct 31 2015 - Karel Havlíček Borovský Birthday

Nov 6-8 2015 - Greatest Generation Aircraft and Gun Show - Hall -
Nov 13-15 2015 - Greatest Generation Aircraft and Craft Show - Hall -
Nov 19 2015 - Sokol Members Meeting – Clubroom – 7:00pm

Dec 6 2015 - Annual Member Christmas Party & Gymnastics Exhibition - Hall – 4:00pm
Dec 13 2015 - Ellis County Toy Run - Hall -

Feb 5 2016 - EMCF Pre-Party - Clubroom – 5:00PM
Feb 6 2016 - Ennis Czech Music Festival - Hall – 12:00PM-10:30PM

Mar 6 2016 - 10K Building Fund Benefit - Hall – 6:00PM

Be sure to keep up to date on events through our website, Facebook, & Twitter

Tune in to KBEC Polka Party every Sunday morning 9 to 11 on 1390 AM.

REMEMBER TO RECYCLE

USE PAPER RECYCLE BINS AT THE EAST END OF THE PARKING LOT

PROCEEDS BENEFIT THE GYM PROGRAM

August, 2015

Gym Class REGISTRATION Monday, August 31st 6-8pm in the Dining Room

2015-2016

FEES FOR ENROLLMENT

SOKOL KAREL HAVLICEK BOROVSKY, ENNIS

SOKOL MEMBERSHIP. At least one parent is required to be a Sokol member.

Annual Adult Membership fee is \$55.00 -- January to December "dues year".

The membership fee for new incoming members who join for the gymnastics program in the Fall is adjusted to \$30 plus a one-time initiation fee of \$15, making it \$45. A payment of \$100 on registration day will cover your membership for the remainder of 2015 plus the entire calendar year of 2016, which will include all swimming pool privileges next summer and allow you to rent the hall facilities for private social events, such as weddings, showers, reunions, etc.

NEW MEMBERS: Two choices in paying your membership fee;

- 1) Pay the \$45.00 prorated fee at class registration time then pay the \$55.00 annual membership on January 1.
- 2) Pay the entire \$100.00 at class registration time.

EXISTING MEMBERS: Current Sokol KHB members will be receiving their 2016 dues notices within the next two months.

REGISTRATION FEE per participant, for the season, is \$50. This fee is due at the time of registration. This is a one-time fee per student per season and is non-refundable.

TUITION MONTHLY DUE DATE: In order to reserve your child's spot in his/her class, tuition is due by the 1st of each month or your child will be considered dropped. He/she will not be allowed to participate in class until the tuition is paid in full. Payments made by check or money order should be payable to Sokol KHB. Cash will only be accepted if placed in an envelope with the child's name on it.

UNIFORM: Each Sokol gymnastics class will have a required uniform that the student is responsible for purchasing. The required uniform will be worn for performances and may be worn for class. Gymnasts must wear proper workout attire.

CLASSES

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10:00 am		Adults/Seniors (1 hour)			
4:00 pm				Parent & Me (4:45 pm: 30 min)	
5:00 pm	Girls Level I (1 hour)			Beginner Tots (5:15 pm: 45 min)	
6:00 pm	Girls Level I (1 hr) Zumba (1 hr)	Girls Level 2 (1 hour)	Zumba	Mighty Tots (45 minutes)	
7:00 pm	Girls Level 3-5 (1.5 hours)	Girls Level 3-5 (1.5 hours)	Volleyball (2 hours +)		
8:00 pm					
9:00 pm					

August, 2015

**2015-2016
TUITION RATES
MONTHLY / SEASONALLY**

30 minute class	Parent & Me \$30.00 per month \$240.00 for the season if paid during the first month.
45 minute class	Beginner Tots Mighty Tots \$45.00 per month \$360.00 for the season if paid during the first month.
1 hour a week class	Girls Levels I & II \$50.00 per month \$400.00 for the season if paid during the first month.
1 hour a week class	Boys \$50.00 per month \$400.00 for the season if paid during the first month.
1-1/2 hours a week class	Girls Levels 3, 4 & 5 \$60.00 per month \$480.00 for the season if paid during the first month.
3 hours a week class	Girls Competitive Gymnastics Levels 3 & up \$85.00 per month \$680.00 for the season if paid during the first month.
Seniors	Adults Low-Impact Exercise and Calisthenics \$110.00 for the whole year plus \$50.00 registration

Families having more than one child enrolled in our program will receive a tuition adjustment. Please see Gymnastic Manager or Physical Director for details.

*Those paying for the entire year have the option of putting it on a credit card.

Work hard for what you want because it won't come to you without a fight. You have to be strong and courageous and know that you can do anything you put your mind to. If somebody puts you down or criticizes you, just keep on believing in yourself and turn it into something positive. Leah LaBelle

August, 2015



Sokol KHB – Ennis

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“The mission of the American Sokol is to provide fitness and community for individuals and families through physical, educational, cultural, and social programs.”

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